**PROFRESSIONAL DISCLOSURE STATEMENT**

**Identification:**

Karen L. Poindexter, LMSW, ACSW

248 480 1455

Michigan Permanent I.D. No:6801078961

 **Education and Experience:** I received a Bachelor of Arts Degree in Psychology from the University of Detroit in 1986, and a Master of Social Work Degree from Wayne State University in 1999. I have extensive experience working in child welfare, in the areas of residential treatment and foster care as well as community mental health. I have been in private practice for numerous years where I have worked with individuals from ages 9-90. I offer family/couples therapy and have considerable experience in dating/pre-marital, marital, remarriage concerns, and conflict resolution.

I specialize in trauma, anxiety, depression, exploring and enhancing self-worth, grief, loss and bereavement (pregnancy loss and child loss overall), as well as life transitions, substance abuse, and unresolved family of origin issues. I utilize Psychoeducation, Cognitive Behavioral Therapy, Motivational Interviewing, mindfulness practices, as well as art therapy. I am a faith-based therapist, and it is my faith and relationship with God that has sustained me.

I provide therapy sessions virtually, allowing you to remain in the comfort of your home.

**Fees and Insurance:** Most insurance accepted; however, you are responsible for any portion of a session that the insurance does not cover, as well as co-payments if applicable**.**

Sessions that are scheduled require a 24 hour cancellation notice. For late cancellations or no-shows, there will be a no-show/late cancellation fee applied prior to the ability to schedule additional sessions.

**Private Pay rates:**

Intake Session $150.00 (53+ minutes)

Individual Session $150.00 (53+minutes)

Couples Session $150.00 (53 + minutes)

Family Session $200.00 (53 +minutes)

**Code of Conduct:**

The State of Michigan of Michigan requires counselors to adhere to a specific Code of Conduct that is determined by the Board of Counseling. Should you wish to file a complaint, you may do so through:

**Michigan Department of Licensing and Regulatory Affairs**

 **Bureau of Professional Licensing**

**Investigations and Inspections Division**

**P/O/ Box 30670 Lansing, MI 48909**

**(517) 241 0205**