

Professional Disclosure Statement

Patrick Eilers, B.A. Psychology; M.A. Clinical Counseling; LPC.
1411 Oak Valley Dr. Apt 204, Ann Arbor, MI 48108

Counseling Practice

My practice includes individual and group services. I use a combination of Cognitive and Gestalt therapy. Cognitive therapy addresses how clients view, process, and approach problems. Gestalt therapy explores the client's life as a whole. This combined approach allows clients to explore their perspectives and challenges and promotes positive coping skills, healing, and overall well-being.

Professional Education, Internship, and Counseling Experience

February 2024: Received Clinical Supervision Training from Lighthouse Counseling Enterprises.
August 2023: Received Professional Life Coach certification from the American Association of Christian Counselors.

May 2025: (contract) 3 C's Counseling Center.
March 2025: (contract) Journey Together, PC.
January 2025: Started Bloomworks Concepts and Coaching, LLC.
September 2020- December 2024: NorthPoint Professional Counseling.
May 2020- September 2020: Fusion Consulting and Mental Health Services.
Mar 2019-May 2020: WillowsEdge Counseling and Healing Arts Center.
Apr 2018-Mar 2019: Adjunct Professor Concordia University Ann Arbor.
Nov 2018-Apr 2019: Adjunct Professor Jackson College.
Mar 2018-Nov 2018: Vocational Evaluation Specialist.
Jan 2016-Mar 2018: Saginaw Psychological Services.

Counseling Fees

Fees for counseling services are provided below: These prices represent out of pocket service fees please consult with your insurance provider to be sure you are covered for these services.

- Intake session (53+ minutes) \$195
- Individual session (53+ minutes/regular) \$175
- Couples session (53+ minutes) \$190

Clients are seen by appointment only and will be charged if an appointment is broken or canceled before 72 hours' notice. Sessions are 53 minutes in length, unless prematurely agreed upon before the session is scheduled.

Counseling Emergencies

If clients are unable to get in contact with me outside of working hours, an emergency is imminent, it is recommended that he/she call 911 or 988, or visit the emergency room of the closest hospital for assistance.

Confidentiality and Privacy

Confidentiality and privacy are a priority to maintain for both ethical and legal guidelines as therapists. Any information shared will remain confidential and will not be compromised without your written consent. There are only three cases in which confidentiality can be broken:

1. Threats to yourself (suicidal ideation)
2. A threat to others (physical assault/homicide)
3. Child or elder abuse

(sexual/physical/verbal) or neglect. Allegations of any type of abuse must be reported to the appropriate authorities as required by law.

Counseling Process

Counseling is a journey of healing and self-discovery. It's both challenging, rewarding, painful, and joyful, and can result in wounds turning into wisdom. Compassion and empathy are two tools that all therapists can utilize, and it is imperative to the process of counseling and growth. However, we are guides in the journey, so patience, perseverance, and adaptability are keys to growth for clients and counselors alike.

Complaints/Code of Conduct

If a complaint for services should be filed. Send a written complaint to the following location:

Michigan Department of Licensing and Regulatory Affairs
Bureau of Professional Licensing
Investigations and Inspections Division
P.O. Box 30670, Lansing, Michigan 48909, (517)-241-0205