

Stacey M. Kaminski LPC #6401012071 CAADC #C-03006 CFRC
8025 W Walker Road Manton, MI 49663 231-342-8105

Education and Experience: I am a graduate of Western Michigan University with a Master of Arts degree in Community Counseling. Western Michigan University's program is accredited by the Council on Accreditation of Counseling and Related Educational Programs (CACREP).

Since November 2023, I have worked for the District Health Department #10 as a Mental Health counselor for school based clinic seeing children ages 5-21 utilizing evidence based treatments including trauma focused cognitive behavior therapy, motivational interviewing, and dialectic behavior therapy. I also own my own business Renew Counseling and Consulting PLLC providing services to First Responders, and limited licensed counselors.

Prior to this, I worked at Northern Lakes Community Mental health as a supervisor, mental health therapist specializing in critical incidents, and crisis interventions for over 12 years. I also have experience in individual counseling, assessments, crisis interventions, group counseling, and working with individuals with severe mental illness, and co-occurring disorders.

In September 2013, I attended the state required training for Clinical Supervision through MACES and provide clinical supervision to therapists with their Limited License Professional Counselor. Since 2013, I have supervised limited licensed counselors for over 500 hours of group and individual supervision. In addition to this, I am a certified advanced alcohol and drug counselor (CAADC) through Michigan Certification Board of Addiction Professionals (MCBAP).

In December of 2019, I joined the Northwest Peer Support Network as a volunteer counselor to provide support and debriefings to first responders who experience traumatic calls. I have been trained by the Michigan Crisis Response Association to provide this service. I am a Certified First Responder Counselor (CFRC) through the Academy Hour (2022).

Scope of Practice: I utilize an eclectic approach to my therapeutic process including, behavior therapy, strength based, and other evidence based treatments. I am specifically trained in DBT, EMDR, TFCBT, as well as motivational interviewing

Sessions and the information discussed within them are kept confidential with the following exceptions;

1. If you are a danger to yourself or someone else.
2. You have given me written permission to disclose information.
3. In the case of abuse or neglect of a child or an elderly person.
4. If the information is to be released court ordered.

Please be assured that in the event of the above circumstances, only relevant information will be revealed.

Fee for services range from \$125-\$250 per session, with discounts provided to First Responders. Supervision rates are \$45-\$60. Supervision sessions last 50-120 minutes.

I assure you that my services will be held in a professional manner and consistent within the professional ethical codes of the American Counseling Association (ACA). If at any time you feel my counseling approach is inappropriate, or troublesome, please let me know. In the event you would like to file a complaint regarding the counseling services you may contact:

**Michigan Department of Licensing and Regulatory Affairs
Health Professions Division
Enforcement Section
PO Box 30670
Lansing MI 48909
(517) 373-9196**

